SREE KANDUKURI VEERESALINGAM THEISTIC GOVERNMENT DEGREE COLLEGE
RAJAMAHENDRAVARAM, EAST GODAVARI DISTRICT-AP
Estd.1972 :: Accredited By NAAC -'B'
AFFILIATED TO ADIKAVI NANNAYA UNIVERSITY
Phone : 0883 2461730 | Email : skvtgdcrjy@gmail.com | Website : www.skvtgdcrjy.ac.in
GDC SKVT

WEEKLY ACTIVITY REPORT

BRICS Sustainable Lifestyle Week (BSLW–2026)

1 November 2026 to 7 November 2026 | Under the aegis of Mission LiFE

Principal: Dr. B. V. Tirupanyam **College Nodal Officer: Sri B. Chakravarthy**

1. Introduction

SKVT Government Degree College, Rajahmundry observed BRICS Sustainable Lifestyle Week (BSLW–2026) from 1 November 2026 to 7 November 2026 under the aegis of Mission LiFE. The week-long observance was organised around seven sustainability themes: adopting healthy lifestyles, saving energy, saving water, adopting sustainable food systems, saying no to single-use plastics, reducing e-waste and reducing waste. The programme framework encouraged students and staff to participate in practical, campus-oriented activities and to develop environmentally responsible habits.

The activities were coordinated by the concerned departments, Eco-Clubs, NSS, NCC, student unions and other institutional wings under the guidance of the Principal and the College Nodal Officer. The day-wise details and participation figures below are compiled from the college activity schedule and participation statement.

2. Objectives of the Week

- To create awareness among students and staff about sustainable lifestyles and responsible consumption.
- To encourage practical measures for conserving energy and water within the campus and community.
- To promote healthy food habits, reduce food wastage and encourage composting.
- To discourage the use of single-use plastics and promote reusable alternatives.
- To create awareness about the safe collection, handling and recycling of electronic waste.
- To strengthen waste segregation, cleanliness and responsible disposal practices.
- To translate the principles of Mission LiFE into everyday individual and institutional actions.

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Day-wise Themes & Action Framework (1st - 7th November 2O26)

Date & Day Theme	Theme	Prescribed institutional Activities	Coordinating Departments/ Coordinator
01.11.2026 (Sunday)	Adopt Healthy Lifestyles	1.Conduct Tree Plantation under "Ek Ped Maa Ke Naam" initiative. 2.Conduct a Launch Event Program 3.Administer the LiFE Pledge	Students and staff along with NSS, NCC **Sri. B. Malleswararao Lectrurer in Botany.**
02.11.2026 (Monday)	Save Energy	1.Observe a Mandatory Campus Switch Off Hour from 10:00 AM to 1 1:00 AM by switching off non-essential lights, fans, and electronic equipment in the colleges. 2. Organize workshops for students on household energy conservation and green cooling practices.	Eco-Clubs, Physics/Electron ics Dept. **Sri. K. Neelakanteswararao, Lecturer in Commerce.**
03.11.2026 (Tuesday)	Save Water	Mobilize students and staff to undertake the repair and renovation of traditional local water systems and rainwater harvesting pits.	NSS, Eco-Clubs **Ms. K. Sarojini, Lecturer in Physics.**
04.11.2026 (Wednesday)	Adopt Sustaina ble Food Systems	Conduct awareness campaigns on food waste reduction and organic composting	Sciences Depts & Canteen Committees **Sri. K. Satyanarayana, Lecturer in Zoology.**
05.11.2026 (Thursday)	Say No to Single Use Plastics	Organize plogging drives across college campuses and nearby marketplaces to promote cleanliness and waste collection.	student Unions, NSS, Volunteer Wings **Sri. M. Kasi Viswanadham, Lecturer in Zoology.**
06.11.2026 (Friday)	Reduce E-Waste	1. Organize campus e-waste collection drives to collect outdated electronic gadgets, cables, chargers, and batteries **2.** Ensure the collected e-waste is handed over to authorized e-waste'recyclers for safe disposal and recycling. **3.** Administer t.he digital LiFE Pledge through the MyGov/MeriLiFE platforms	Computer Science / lT Dept, **Sri. K.V Rajesh, Lecturer in Computer Science**
07.11.2026 (Saturday)	Reduce Waste	1.Conduct campus-wide cleanliness drives and promote the segregation of solid waste at -source. 2.Publish weekly impact reports highlighting the outcomes and achievements of the activities undertaken.	Fine Arts, EcoClubs, Cleanliness Committees and related wings **Ms. M. Lalitha Ramya, Lecturer in English**
College Nodal Officer, BSLW-2026 : Sri B. Chakravarthy			**Principal:** Dr B.V.Tirupanyam

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SKVT GOVERNMENT DEGREE COLLEGE
RAJAHMUNDRY

Knowledge is Power

LiFE Lifestyle for Environment

Observance of
BRICS
Sustainable Lifestyle Week
(BSLW-2026)

from 1st to 7th November 2026

Under the aegis of Mission LiFE

Live Sustainably... for a Better Tomorrow

Theme of the Week

01.11.2026 (Sunday)	02.11.2026 (Monday)	03.11.2026 (Tuesday)	04.11.2026 (Wednesday)	05.11.2026 (Thursday)	06.11.2026 (Friday)	07.11.2026 (Saturday)
Adopt Healthy Lifestyles	Save Energy	Save Water	Adopt Sustainable Food Systems	Say No to Single-Use Plastics	Reduce E-Waste	Reduce Waste

Our Objectives

- Promote a Sustainable and Green Campus
- Encourage Eco-Friendly Practices
- Build a LiFE Conscious Society

Small Changes... Big Impact...

College Nodal Officer, BSLW-2026 :
Sri B. Chakravarthy

Principal :
Dr B.V. Tirupanyam

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ABN ఆంధ్రజ్యోతి

రాజమహేంద్రవరం

• రాజమహేంద్రవరం సిటీ/ రూరల్ • రాజానగరం • అనపర్తి • మండపేట

సహజ వనరులను బాధ్యతగా

వినియోగించాలి



రాజమహేంద్రవరంలో మాట్లాడుతున్న జిల్లా అటవీశాఖ అధికారి ప్రభాకరరావు

బ్రిక్స్ సుస్థిర జీవనశైలి వారోత్సవాల్లో వక్తలు

రాజమహేంద్రవరం అర్బన్, నవంబరు 2 (ఆంధ్రజ్యోతి): సహజ వనరులను బాధ్యతాయుతంగా వినియోగించుకోవాలని, ఇందులో భాగంగా విద్యుత్‌ను పొదుపుగా వాడుకోవాల్సిన అవసరం ఎంతైనా ఉందని పలువురు వక్తలు అన్నారు. సోమవారం రాజమహేంద్రవరంలోని ప్రభుత్వ ఆర్ట్స్ కళాశాల, ఎస్‌కేవీటీ ప్రభుత్వ డిగ్రీ కళాశాలల్లో బ్రిక్స్ సుస్థిర జీవనశైలి వారోత్సవాలు నిర్వహించారు. ఎస్‌కేవీటీ కళాశాల ప్రిన్సిపాల్ బీవీ తిరుపణ్యం మాట్లాడుతూ పర్యావరణ పరిరక్షణ, పర్యావరణ హితంగా జీవనశైలిలో మార్పులు చేసుకోవాలన్నారు. కార్యక్రమంలో సుస్థిరాభివృద్ధి కేంద్రం ఎకో క్లబ్ కన్వీనర్ చక్రవర్తి, ఆర్థికశాస్త్ర అధ్యాపకుడు డీవీ నాగేశ్వరరావు తదితరులు పాల్గొన్నారు. ప్రభుత్వ ఆర్ట్స్ కళాశాలలో విద్యుత్ ఆదా చేద్దాం పేరుతో కార్యక్రమం నిర్వహించారు. ఎన్ఎస్ఎస్ యూనిట్లు, ఫిజిక్స్ విభాగం సంయుక్తంగా జిల్లా అటవీశాఖ సహకారంతో నిర్వహించిన ఈ కార్యక్రమంలో అధ్యాపకులు, విద్యార్థులు పాల్గొన్నారు. జిల్లా అటవీశాఖ అధికారి పి.ప్రభాకరరావు, ప్రిన్సిపాల్ రామచంద్రరావు, ఫిజిక్స్ విభాగాధిపతి నీహోచ్ కోమలలక్ష్మి, డిప్యూటీ ఫారెస్ట్ అధికారి ఎన్.సోమరాజు మాట్లాడుతూ విద్యుత్ ఆదా చేయడం అంటే డబ్బులను ఆదా చేయడమేనన్నారు. బీఎస్ఎల్‌డబ్ల్యూ ప్రోగ్రాం ఆఫీసర్, ఎన్ఎస్ఎస్ సమన్వయకర్త పి.సురేఖ, దుర్గాలక్ష్మి, అధ్యాపకులు పాల్గొన్నారు.

దివాన్‌చెరువు: లాలాచెరువు సమీపంలోని రాష్ట్ర అటవీ అకాడమీలో బ్రిక్స్ సుస్థిర జీవనశైలి వారోత్సవాలు ప్రారంభమయ్యాయి.కార్యక్రమంలో భాగంగా ఆర్నబ్ తుఫాన్ కారణంగా అటవీ అకాడమీ ప్రాంగణంలో దెబ్బతిన్న చెట్ల వాటి స్థానంలో 25 అరుదైన స్థానిక జాతుల మొక్కలను నాటారు. ప్రతీ మొక్కను ఒక శిక్షణార్థి లేక అధ్యాపకుడు దత్తత తీసుకుని వాటిని సంరక్షిస్తారన్నారు.ఈ వారోత్సవాల సందర్భంగా మిషన్ లైఫ్‌లోని అంశాలపై ఒక్కో రోజు ఒక్కో అంశంపై శిక్షణార్థుల బృందాలు ఆడిట్లు, ప్రచార, అవగాహన కార్యక్రమాలు నిర్వహిస్తాయి.ఈ వారోత్సవాల నోడల్ అధికారిగా అకాడమీ డిప్యూటీ డైరె

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Day-wise Report of Activities

DAY–1 | 01-11-2026 (Sunday)

Theme: Adopt Healthy Lifestyles

Activities:

- Tree plantation under the "Ek Ped Maa Ke Naam" initiative
- Organise Yoga
- Administration of the LiFE Pledge.

Coordinating departments/personnel:

Faculty/Staff and Students, NSS and NCC. **Coordinator**: Sri B. Malleswararao, Lecturer in Botany.

The opening day focused on the relationship between individual well-being and environmental responsibility. The planned tree-plantation activity under "Ek Ped Maa Ke Naam" highlighted the importance of increasing green cover and caring for planted trees. The launch programme marked the commencement of the week-long observance, while the LiFE Pledge encouraged participants to adopt sustainable practices in their daily lives.

Participation: 350 students and 10 faculty/staff members.

Tree-plantation activity under "Ek Ped Maa Ke Naam"



Organising Yoga



Students and Staff taken LiFE Pledge



DAY–2 | 02-11-2026 (Monday)

Theme: Save Energy

Activities:

- Mandatory campus switch-off hour from 10:00 a.m. to 11:00 a.m
- Promote 3-Minute Desk Yoga in college departments and offices to encourage

health and well-being.**Coordinating departments/personnel:**

Eco-Clubs and Physics/Electronics Department. **Coordinator:** Sri K. Neelakanteswararao, Lecturer in Commerce.

The second day focused on energy conservation. The college observed the prescribed campus switch-off hour from 10:00 a.m. to 11:00 a.m. Non-essential lights, fans and electronic equipment were switched off to sensitise students and staff to avoid unnecessary consumption of electricity. Awareness was also promoted through student-oriented discussion/workshop activities on household energy conservation and green cooling practices. In addition, a three-minute Desk Yoga activity was conducted in college departments and offices to encourage physical well-being and a healthy work environment. The activities connected personal well-being with responsible and mindful use of resources.

Participation: 200 students and 50 faculty/staff members.

Mandatory campus switch-off hour



Promote 3-Minute Desk Yoga in college departments





DAY– 3 | 03-11-2026 (Tuesday)

Theme: Save Water

Activities:

- Talk on Water Conservation Initiatives for Sustainable Development by **Dr. B. V. Tirupanyam**, Principal
- Mobilisation of students and staff for the repair and renovation of traditional local water systems and rainwater-harvesting pits.

Coordinating departments/personnel:

NSS and Eco-Clubs. **Coordinator:** Ms. K. Sarojini, Lecturer in Physics.

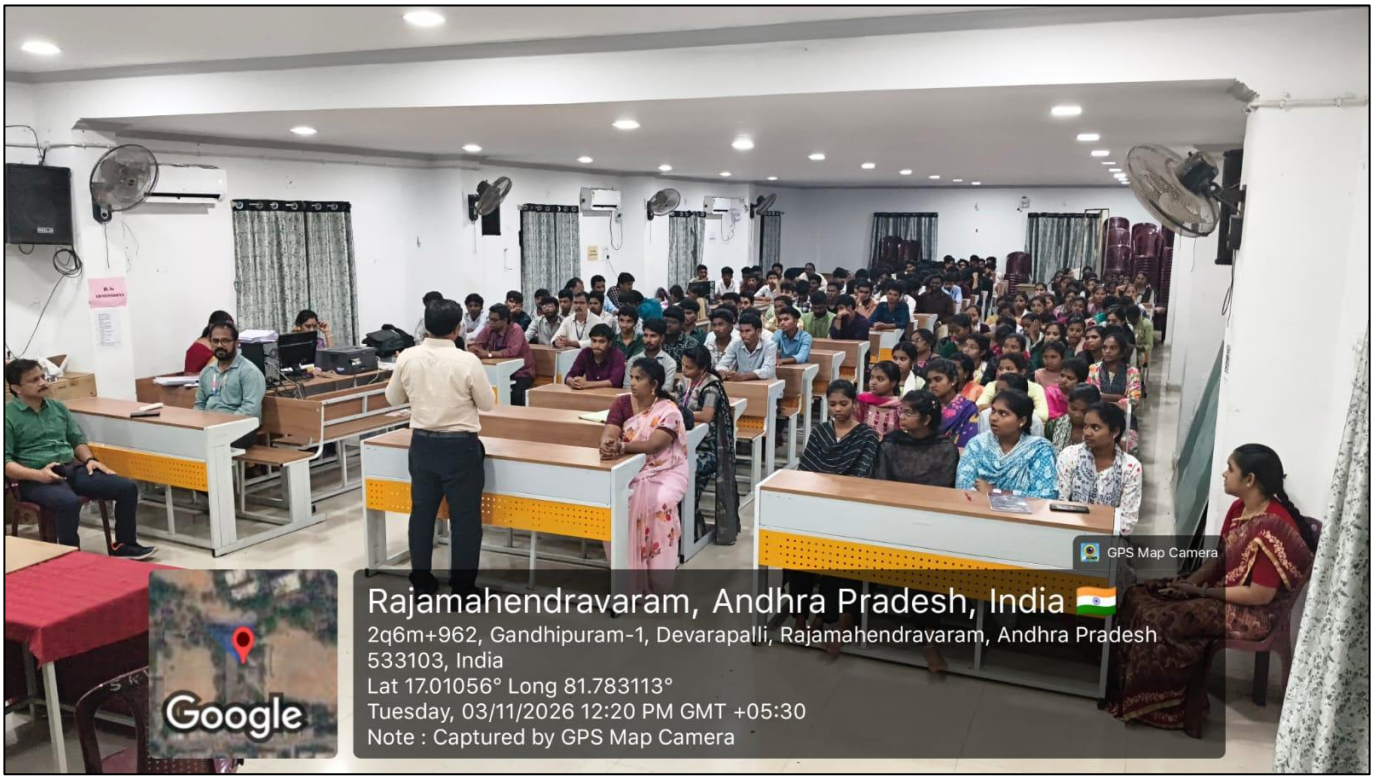
The third day focused on water conservation and the protection of water resources. The activity framework encouraged students and staff to take part in efforts to restore traditional local water systems and rainwater-harvesting pits. The theme highlighted the importance of preventing water loss, improving water storage and making water conservation a shared responsibility.

Participation: 153 students and 15 faculty/staff members.

Dr. B. V. Tirupanyam, Principal, Talk on Water Conservation Initiatives for Sustainable Development.




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2q6m+962, Gandhipuram-1, Devarapalli, Rajamahendravaram, Andhra Pradesh 533103, India
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Note : Captured by GPS Map Camera
Google


GPS Map Camera
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2q6m+962, Gandhipuram-1, Devarapalli, Rajamahendravaram, Andhra Pradesh 533103, India
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DAY– 4 | 04-11-2026 (Wedneday)

Theme: Adopt Sustainable Food Systems

Activities:

- Exhibition on Millet-Based Diets and Traditional Food Stalls
- Promotion of Mitahara in Campus Canteens
- Awareness Campaign on Food-Waste Reduction and Organic Composting

Coordinating departments/personnel:

Science Departments and Canteen Committees. **Coordinator:** Sri K. Satyanarayana.

The fourth day promoted sustainable food practices, with particular attention to reducing food waste and making productive use of biodegradable waste. Awareness on organic composting connected responsible food consumption with proper management of organic materials. The theme also encouraged the college community to reflect on food choices and avoid unnecessary wastage.

Participation: 87 students and 30 faculty/staff members.

Exhibition on Millet-Based Diets and Traditional Food Stalls



Promotion of Mitahara in Campus Canteens





DAY–5 | 05-11-2026 (Thursday)

Theme: Say No to Single-Use Plastics

Activities:

- Plogging drives across college campuses and nearby marketplaces to promote cleanliness and waste collection
- Organize distribution drives to promote the use of reusable cloth bags and water bottles.

Coordinating departments/personnel:

Student Unions, NSS and Volunteer Wings. **Coordinator:** Sri M. Kasi Viswanadham, Lecturer in Zoology.

The fifth day highlighted the environmental impact of single-use plastics. The prescribed plogging activity combined physical activity with the collection of litter from campus areas and nearby marketplaces. The programme framework also emphasised the goal of making campuses free from single-use plastics and encouraging the use of sustainable alternatives such as reusable bags and water bottles.

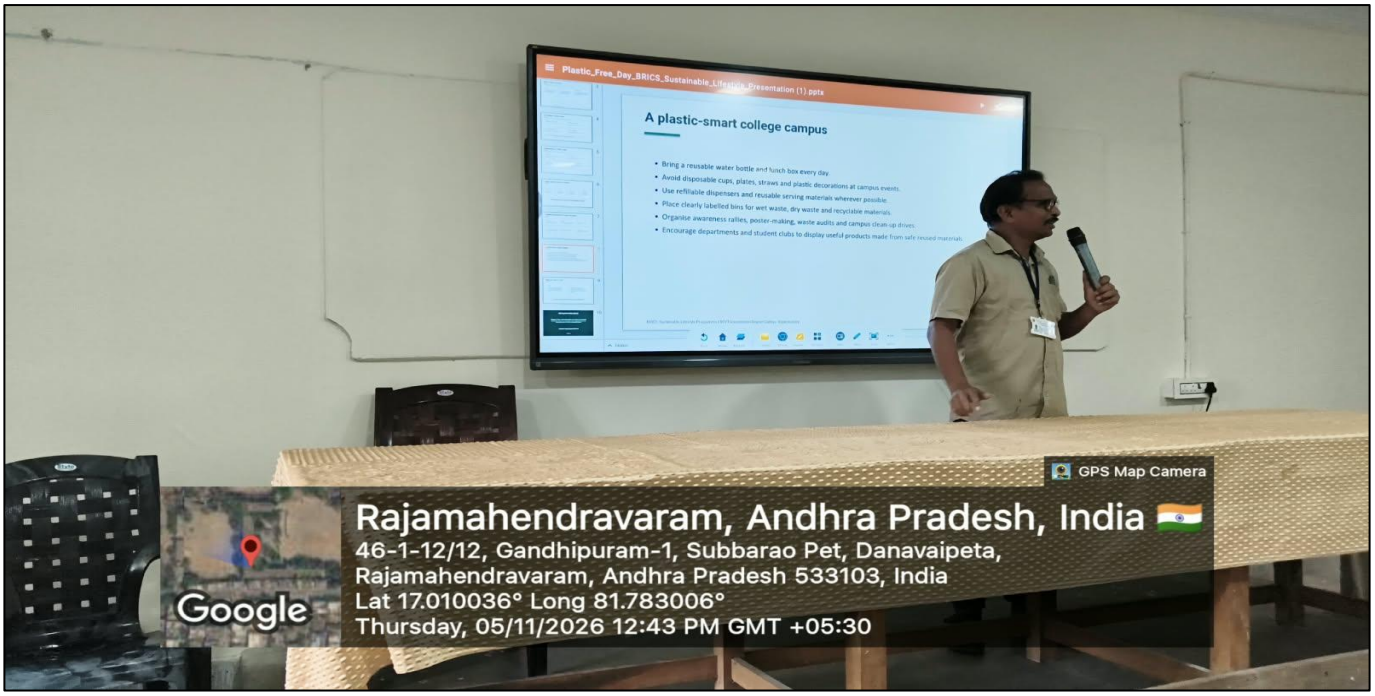
Participation: 230 students and 25 faculty/staff members.

Plogging drives across college campuses and nearby marketplaces





Organize distribution drives to promote the use of reusable cloth bags and water bottles.



DAY– 6 | 06-11-2026 (Friday)

Theme: Reduce E-Waste

Activities:

- Campus e-waste collection drive for outdated electronic gadgets, cables, chargers and batteries
- Transfer of collected e-waste to authorised recyclers

Coordinating departments/personnel:

Computer Science/IT Department. **Coordinator:** Sri K. V. Rajesh, Lecturer in Computer Science.

The sixth day focused on responsible management of electronic waste. The collection drive was designed to bring together discarded or outdated electronic items, including gadgets, cables, chargers and batteries, for safe handling. The activity framework specified that collected e-waste should be handed over to authorised e-waste recyclers for safe disposal and recycling. Participants were also encouraged to take the digital LiFE Pledge through the MyGov/MeriLiFE platforms.

Participation: 55 students and 15 faculty/staff members.

Campus e-waste collection drive for outdated electronic gadgets, cables, chargers and batteries




S.K.V.T. GOVERNMENT DEGREE COLLEGE
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BRICS Sustainable Life Style Week
(BSLW) Celebrations
1.11.2026 to 7.11.2026
Organised by Eco Club & NSS Units
LiFE
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Devarapalli, Andhra Pradesh, India
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DAY– 8 | 08-11-2026 (Saturday)

Theme: Reduce Waste

Activities:

- Campus-wide cleanliness drives and promotion of segregation of solid waste at source
- Organize exhibitions or launch "Waste toArt" / "Waste to Wonder" installations toencourage creativity and waste reuse.

Coordinating departments/personnel:

Fine Arts, Eco-Clubs, Cleanliness Committees and related wings. **Coordinator:** Ms. M. Lalitha Ramya, Lecturer in English.

The concluding day focused on cleanliness and systematic waste management. The prescribed campus-wide cleanliness drives promoted a clean learning environment and responsible disposal practices. Emphasis was placed on segregating solid waste at source so that different categories of waste could be managed appropriately. The day also provided for documenting the week's activities and highlighting the outcomes and achievements in a weekly impact report.

Participation: 95 students and 20 faculty/staff members.

Campus-wide cleanliness drives and promotion of segregation of solid waste at source




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Google


GPS Map Camera
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Day-wise Participation Summary

Date	Theme	Number of Events	Students	Faculty/Staff	Total
1 November 2026	Adopt Healthy Lifestyles	3	350	10	360
2 November 2026	Save Energy	2	200	50	250
3 November 2026	Save Water	2	153	15	168
4 November 2026	Adopt Sustainable Food Systems	3	87	30	117
5 November 2026	Say No to Single-Use Plastics	3	230	25	255
6 November 2026	Reduce E-Waste	2	55	15	70
7 November 2026	Reduce Waste	2	95	20	115

Major Areas of Awareness and Learning

- Healthy and sustainable living: linking personal well-being with environmentally responsible choices.
- Energy conservation: avoiding unnecessary use of electrical appliances and adopting energy-conscious practices.
- Water stewardship: valuing water resources and supporting the maintenance of traditional water systems and rainwater-harvesting structures.
- Sustainable food practices: reducing food waste and understanding the value of organic composting.
- Plastic reduction: limiting single-use plastics and encouraging reusable alternatives.
- E-waste responsibility: collecting electronic discards separately and ensuring that they reach authorised recyclers.
- Waste management: maintaining campus cleanliness and promoting segregation of solid waste at source.

Conclusion

The observance of BRICS Sustainable Lifestyle Week (BSLW–2026) at SKVT Government Degree College, Rajahmundry, provided a structured platform to focus on seven important areas of sustainable living. Through the day-wise action framework, the college community was encouraged to reflect on practical steps relating to health, energy, water, food, plastics, e-waste and general waste management. The programme reaffirmed the importance of continuing Mission LiFE principles through regular campus practices and responsible individual action.

Head of the Department of Zoology
S.K.V.T. GOVERNMENT COLLEGE
RAJAMAHENDRAVARAM.

Sri B. Chakravarthy
College Nodal Officer ,BSLW-202

Principal
S.K.V.T. Government Degree College
Rajamahendravaram-533 103.
East Godavari Dist, A.P. India

Dr B.V.Tirupanyam
Principal,SKT GDC, Rajahmundry