DAY 2: EVENT ACTIVITY REPORT

Save Energy

S.K.V.T. Government Degree College, Rajahmundry

BRICS Sustainable Lifestyle Week (BSLW-2026)



Date & Day	Event Duration	Students	Faculty/Staff	Theme
02/11/2026 (Monday)	01/11 to 07/11, 2026	200	50	**Save Energy**

Program Details & Objectives

Theme	**Save Energy**
Activity	Energy Conservation Awareness Drive , Health & Well-Being
Objective	1. To create awareness about energy conservation. 2. To reduce unnecessary electricity consumption. 3. To encourage responsible use of electrical equipment. 4. To promote physical fitness through 3-Minute Desk Yoga. 5. To improve mental well-being and create a healthy campus environment.

Key Activities	Promoting simple energy-saving habits: switching off lights and fans when not in use; using energy-efficient LED bulbs; setting air conditioners at 24°C or higher; turning off computers and electronic devices after use; encouraging renewable energy; and adopting an eco-friendly lifestyle.
Participation	Students Participated: 250 | Faculty/Staff: 50 | Activity Drive: Save Energy
Outcome	The programme successfully created awareness among students, faculty and staff about the importance of energy conservation and environmental protection. The Campus Switch-Off Hour encouraged responsible electricity usage by avoiding unnecessary power consumption. The 3-Minute Desk Yoga activity promoted physical fitness, reduced stress and improved mental well-being. Overall, the programme encouraged sustainable energy-saving habits, healthy lifestyles and active participation in building an energy-efficient and healthy campus environment.

SWITCHING OFF NON ESSENTIAL LIGHTS , FANS & ELECTRONIC EQUIPMENT IN COLLEGE





YOGA TO ENCOURAGE HEALTH & WELL-BEING





DESK YOGA TO ENCOURAGE HEALTH & WELL-BEING







Head of the Department of Zoology
S.K.V.T. GOVERNMENT COLLEGE
RAJAMAHENDRAVARAM.

Sri B. Chakravarthy
College Nodal Officer ,BSLW-202

Principal
S.K.V.T. Government Degree College
Rajamahendravaram-533 103.
East Godavari Dist, A.P. India

Dr B.V.Tirupanyam
Principal,SKT GDC, Rajahmundry